

Accessing Children's Behavioral Health Initiative (CBHI)

The **Children's Behavioral Health Initiative (CBHI)** is a community-based system of care to serve youth who have behavioral, emotional, and mental health needs.

To be eligible for CBHI services a youth must be:

- a resident of Massachusetts;
- **eligible for MassHealth**, under MassHealth Standard or CommonHealth *
- under age 21;
- diagnosed with a qualifying, serious emotional, behavioral or psychiatric condition

* NOTE: See Accessing MassHealth sheet for eligibility (may qualify based on disability if over income) and how to apply for coverage

Once youth are enrolled in **MassHealth Standard** they must select a managed care plan to access behavioral health coverage.

There are two types of managed care plans:

- a **Primary Care Clinician (PCC)**
 - All MassHealth Standard members who enroll in the (PCC) plan receive behavioral-health services through MBHP
- **Managed Care Entity (MCE)** must choose one:
 - **Fallon Community Health Plan**; subcontract with Beacon Health Strategies to manage behavioral health providers.
 - **BMC Health Net**; manage their network of providers of behavioral health services
 - **Neighborhood Health Plan**; subcontract with Beacon Health Strategies to manage behavioral health providers.
 - **Network Health Plan**; manage their network of providers of behavioral health services
 - **Health New England**; subcontracts with MBHP to manage behavioral health providers

Once youth are enrolled in **CommonHealth** they must call Massachusetts Behavioral Health Partnership (MBHP) at 1-800-495-0086 to select coverage.

Children's Behavioral Health Initiative Services

There are six services designed to help youth have success in the home, at school, and in the community:

- Intensive Care Coordination (**ICC**)
- In-Home Therapy (**IHT**)
- Family Support and Training (FS&T, or "**Family Partner**")
- In-Home Behavioral Services (**IHBS**)
- Therapeutic Mentoring (**TM**)
- Mobile Crisis Intervention (**MCI**)

The CBHI Service Delivery System relies on a Care Coordination HUB (ICC, IHT or Outpatient Therapist) who can refer to TM, IHBS or FP (HUB-dependent services), as needed.

Referrals to CBHI services can come from:

- Medical providers or outpatient therapists who identify mental health concerns during office visits
- Self referrals from youth and family
- Schools
- Other state agencies supporting the youth and family

Community service organizations (CSA) are regional agencies that facilitate access to care and coordinate services for youth with (SED). To find CSA and CBHI providers near you go to the **Massachusetts Behavioral Health Access** web site:

<http://www.mabhaccess.com/> or in Regional brochures for families found at:

<http://www.mass.gov/eohhs/gov/commissions-and-initiatives/cbhi/cbhi-brochures-and-companion-guide.html>