Sport, Fitness & Recreation Resources
September 12, 2008

Publications

Ability Magazine www.abilitymagazine.com
Exceptional Parent Magazine www.eparent.com
Palaestra www.palaestra.com
New Mobility www.newmobility.com
Sports ‘N’ Spokes www.pvamagazines.com

Physical Education

PE Central www.pecentral.org (click on adapted)
“Inclusion Through Sports” A Guide to Enhancing Sport Experiences by Dr. Ron Davis
Available at Human Kinetics Publishers.
Has guidance for what schools should be doing to help all kids participate. Provides
guidance for “real” participation in sports activities.

Publishers

Human Kinetics www.humankinetics.com

Equipment

FlagHouse www.FlagHouse.com/Blaze takes you to
website where you can place orders for adaptive sports equipment at a discount. Offered
to blaze members and friends of blaze. 800-793-7900 and reference preferred customer
number 909747

Resources

The National Center on Physical Activity and Disability
www.ncpad.org – excellent resource, one stop shopping for anything that relates to
physical activity and sports for individuals with disabilities.

Center for Recreation and Disability Studies –at Univ of NC. Great guidance for
inclusion activities.
www.unc.edu/depts/recreation/crds/

US Department of Health & Human Services
www.hhs.gov/od/physicalfitness.html

Inclusive Fitness Coalition
www.incfit.org
committed to making sure there are opportunities out there for individuals with disabilities to participate at commercial fitness places like World Gym, Ballys, etc. Spin off of NCPAD.

American Association on Health and Disability
www.aahd.us

North American Riding for the Handicapped Association
www.narha.org

US Youth Soccer TOPSoccer Program
www.usyouthsoccer.org/programs/20/main.html

Muscular Dystrophy Association Exercise Resources 2007
www.mdaquest-digital.com/mdaquest/20070506/?pg=30

New York State Department of Health
Fit for Life: Disability and Health
www.health.state.ny.us/nysdoh/prevent/fitlife1.htm

**Paralympics**

US Paralympics, a division of the US Olympic Committee
www.paralympics.teamusa.org
International Paralympic Committee
www.paralympic.org

**Expositions**

Abilities Expo
www.abilitiesexpo.com

World Congress on Disabilities
www.wcdexpo.com

**National Disability Sport Organizations**

USA Deaf Sports Federation
Disabled Sports USA
US Association for Blind Athletes
Special Olympics
Dwarf Athletic Association of America
Wheelchair Sports USA
National Disability Sport Alliance
(Division of BlazeSports America)